A graphic featuring a red hand with fingers spread, positioned centrally. Behind the hand are two overlapping hearts: a teal one in the back and a purple one in the front. The entire graphic is set against a grey background with a white hand-drawn border. Several gold lines radiate from the top, resembling sunbeams.

RAISE

Network Meeting

January 19, 2022



Meeting Overview

Welcome & Introductions

Processing Grief & Loss as a Community

Looking Back at 2022

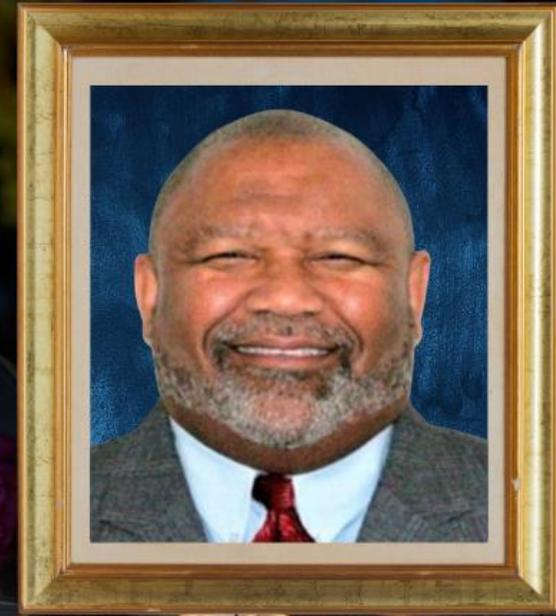
Looking Ahead at 2023

A white daisy flower with a yellow center, lying on a dark, textured surface. The flower is positioned on the right side of the frame, with its stem extending towards the bottom right. The background is a dark, blurred gradient.

Processing Grief &
Loss as a Community

Grieving the Loss of Percy White, Alexandria's Gang Prevention Coordinator & RAISE Member

Everyone is welcome to contribute
to Percy White's online Memorial
Board: [https://www.kudoboard.com
/boards/cOf8hpkq](https://www.kudoboard.com/boards/cOf8hpkq)



We miss you, Percy

Grief & Loss Resources

- Full Circle Grief Center, based in Richmond, Virginia, provides support for grieving children, families, adults, and communities through support groups, individual counseling services, remembrance programs, and grief education support. You can find their resources on the [RAISE webpage](#).
- A Journey through Grief, a presentation delivered to RAISE in October 2020



Finding Meaning Beyond the Pain of Grief



Conversations About Grief: Finding Meaning Beyond the Pain of Grief by Allyson England Drake

<https://youtu.be/Ae9eMTogInA>



Using Trauma-Informed Design to
Healing, Health, and Hope

Creating Trauma-
Informed



Trauma-Informed
Mini-Grant
Application



A Year in Review

2022

2022-2023 RAISE Calendar

BUILDING RESILIENT COMMUNITIES

A FREE VIRTUAL CONFERENCE CELEBRATING
VIRGINIA'S TRAUMA-INFORMED COMMUNITY NETWORKS

May 5, 2022
9:00am - 3:30pm



Network Meetings
10am - 12pm

- October 20, 2022
- January 18, 2023



Educational Experiences*
10am - 12pm

- November 17, 2022
- February 16, 2023



Member Orientations
10am - 11am

- December 15, 2022
- March 16, 2023

A Year in Review

- Received Trauma-Informed Spaces Workshop
- Submitted Grant Application
- Delivered 4 ACEs Trainings

January

- Received the Community Resilience Project Award
- Delivered 1 ACEs Training

February

- Delivered 1st Member Orientation
- Developed the RAISE Member Survey
- Created an online application for organizations to apply for Trauma-Informed Spaces mini-grant
- Delivered 4 ACEs Trainings

March

- Finalized the Member Survey
- Released RFP for TI Spaces Grant
- Delivered 2 ACEs Trainings

April

- Celebrated 3rd Annual Resilience Week
- Administered RAISE Member Survey
- Delivered 1 ACEs Training

May

- Awarded 5 community partners with trauma-informed spaces mini-grant
- Delivered 1 ACEs Training

June

A Year in Review

- RAISE turned 3 years old!
- Drafted slide deck for T-I Spaces Workshop
- Discussed Member Survey Results

July

- Celebrated 3rd Annual Racial Truth & Reconciliation Week

August

- Prepared to Deliver to T-I Spaces Workshop

Sept.

- Delivered Presentation on *Measuring TICN Outcomes* to TICNs across VA
- Delivered 1 ACEs Training

October

- Delivered 1st *Designing Trauma-Informed Spaces* Workshop

November

- Delivered 2nd Member Orientation
- Facilitated *Resilience* Film Screening with Parenting Group

Dec.

A Year in Review

- **Educational Experiences**
 - 57 Creating Trauma-Informed Spaces Workshop participants (January; delivered by Fairfax County TICN)
 - 25 Designing Trauma-Informed Spaces Workshop participants (November; delivered by RAISE)
 - 262+ Understanding ACEs and Building Self-Healing Communities training participants
- **Member Orientations**
 - 11+ participants
- **RAISE Network Meetings**
 - 72 individuals (unduplicated) attended RAISE meetings



RAISE is switching to a rotating schedule!

Every quarter, RAISE will host:

- a network meeting
- a member orientation
- an educational experience for the public

2022-2023 RAISE Calendar

Network Meetings	Educational Experiences*	Member Orientations
10am - 12pm	10am - 12pm	10am - 11am
<ul style="list-style-type: none"> • October 20, 2022 • January 19, 2023 • April 20, 2023 • July 20, 2023 	<ul style="list-style-type: none"> • November 17, 2022 • February 16, 2023 • May 7-13, 2023 • August 2023 	<ul style="list-style-type: none"> • December 15, 2022 • March 16, 2023 • June 15, 2023 • September 21, 2023
REGISTER	REGISTER	REGISTER

*Educational Experiences will include free trainings, workshops, film screenings, Resilience Week VA, and Racial Truth & Reconciliation Week

For more information
visit alexandriava.gov/child-and-family-services/RAISE
or email RAISE@AlexandriaVA.gov

We rise by lifting others

#ResilienceWeekVA

A Year in Review

Cultivating Member Engagement

- **Communications**
 - 10 eNewsletters were published
 - 8 Network Meetings
- **Onboarding process for New Members**
 - XX New RAISE Members
 - 22 new members received a personal welcome from RAISE Chair
 - 11+ people attended a Member Orientation
- **Film Screenings**
 - 5 individuals attended screening of *Resilience*
- **Workshops and Trainings**
 - 344+ attendees
- **Resilience Week VA Campaign**
 - Engaged the workforce and residents in daily resilience-building activities through an effective Resilience Week VA Campaign

A person wearing a green rain jacket and an orange backpack is shown in profile, looking at a map. The background is a misty, mountainous landscape. The text is overlaid on the image.

Where Should We Go Next?

Looking ahead to 2023